

Grow Your Own Mould Garden

What Do I Need?

1. A glass jam jar or similar sized jar.
2. Sellotape.
3. Water.
4. Some left over food cut into 2-3 cm chunks (**DO NOT USE** meat or fish).



What Do I Do?

1. Select 4 or 5 pieces of left over food.
 2. Dip each bit of food into a little bit of water.
 3. Lay the jar on its side and place the food inside - side by side (not on top of each other).
 4. Carefully put the lid on the container and tape the lid up securely.
 5. Label your jar **clearly** and place on a shelf.
 6. Every day look at the food and note any changes - if you can take a photograph each day to remind you of how the food looked before (and you can send it to us too). Do this for about 2 weeks.
- Which food got mouldy first?
 - Think about what the mould looks like.
 - Does everything in your Mould Garden get mouldy?
 - Is there more than one kind of mould in your Mould Garden?
 - After 2 weeks **DO NOT OPEN THE JAR - THROW DIRECTLY IN THE BIN**