

# Activity - Colour changing flowers

## You will need:

- Cups
- Flowers - white works best
- Food colouring
- Water



## Instructions for each cup

1. Trim the stem so the flowers fit in your cup (**get an adult's help with scissors**).
2. Add water to your cup and around 10 drops of food colouring.
3. Leave your flowers overnight then check on them - has anything changed?

You can use daisies!  
They make take up to 10 days to colour - change the water every couple of days to keep them fresh.

What do you think is going to happen? Why?

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What did happen?

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